



Understand Your Horses Movement ~ Realize His Potential Lecture Seminar

Horse Owners, Riders, & Instructors ~ This Course is for you!

Throughout this seminar, students will learn how the horse's body works biomechanically to move in balance and collection. Students discover the importance of riding and working horses in healthy postures to strengthen and enhance equine well-being.

YOU WILL LEARN:

- What to look for in healthy movement and muscular development
- What creates a healthy posture in horses
- How to evaluate a horse's conformation from a new perspective
- Exercises to develop horses' postural strength

WHEN: 1.-3. July 2011 Friday Evening, All Day Saturday & Sunday

COST: to be confirmed yet, but around 200 Pounds

WHERE: Southdown Farm, Brixham/ Devon

Contact: Christina Dietmann, +44 (0)7432 103129, info@southdownfarm.co.uk

Meet The Instructor:



After years of competing and working in the United States and Germany, Jillian embarked upon a graduate degree from the University of Wisconsin, studying equine movement and muscle development. Jillian's research was guided in part by Dr. Hillary Clayton, Dr. Nancy Nicholson, and Dr. Sara Wyche. In addition, she studied gross anatomy with Dr. Deb Bennett. One major accomplishment of her graduate studies was the design of a conformation evaluation tool for the neck musculature of the horse. This project is ongoing and aims to produce a whole horse atlas for muscular evaluation. Her deep concern for the wellbeing of horses

fuels her study of classical riding and its relationship to proper muscular development and biomechanics. To further that end, she has developed this lecture seminar. For more information visit jandlequestrianarts.com